



# St Anthony Orthodox Church

Fr Nicholas Fine | Pastor | (503) 502-2817 | frnicholas@stanthonyorthodox.org

## Services This Week

**Monday, August 14th**

Feast of the Dormition

Orthros and Divine Liturgy 6pm

**Saturday, August 19th**

Great Vespers 5pm

**Sunday, August 20th**

Orthros and Divine Liturgy

8:45am

## Daily Liturgical Guide

**Antiochian Archdiocese Website:**

<https://antiochian.org/liturgicday>

“There is nothing upon earth holier, higher, grander, more solemn, more life-giving than the Liturgy.”

- St John of Kronstadt

## Weekly Announcements

- CHANGE IN PROCEDURE:** If you have any news for **our church e-newsletter, *The Desert News***, that goes out the 1st of each month, please send it at least one week prior to either **Nike Bach ([nike.bach@gmail.com](mailto:nike.bach@gmail.com))** or **Daria Incorvaia ([deedah1964@yahoo.com](mailto:deedah1964@yahoo.com))**. If you are not receiving this monthly email, please contact **Nike Bach**.
- Confession is available by appointment or after Great Vespers on Saturday.**
- Our Fall Festival will be held on November 10th and 11th.** If you can help in any way, please contact Festival Co-Chairs Donna Petrick ([917-617-1893](tel:917-617-1893) or [doon1224@yahoo.com](mailto:doon1224@yahoo.com)) or Joe Incorvaia ([201-424-7838](tel:201-424-7838) or [Joseph.Incorvaia@gmail.com](mailto:Joseph.Incorvaia@gmail.com)).
- Choir rehearsals will resume on Monday, August 21st** at 7:30pm.
- The St. Anthony Choir is looking to add some heavenly voices to our ensemble!** If you've ever wanted to sing the praises of God, now is your chance! We're looking for all vocal parts, especially tenor and bass. No experience necessary, although if you can read music, it will certainly help. **Contact our director, Daria Incorvaia ([deedah1964@yahoo.com](mailto:deedah1964@yahoo.com))** for more information. Remember, when you sing, you pray twice!
- Mark your calendars - the entire St. Anthony parish is invited to a BBQ** following Liturgy on Sunday, September 10th, sponsored by the Church School, Teen SOYO and the 20/40 Group.
  - ✦ Church School and Teen SOYO resume on September 10th.
- St Anthony's Stewardship Committee invites all parishioners to attend **Mix and Mingle: Celebrate a Legacy of Faith at St Anthony's** on SATURDAY, SEPTEMBER 23rd. This social event will include food, drink, and a brief program about parish life, following Vespers at 5pm. All welcome. Childcare provided.

Thank you for worshipping with us this morning!  
If this is your first time visiting, please introduce yourself to Fr. Nicholas at the end of Liturgy.

**From Father:**

Who are you, really? There is an old maxim of Greek Philosophy that says “know thyself.” We could think of this as a command to answer one of life’s biggest questions: who am I? How this question is answered, how we go about fulfilling the injunction to know ourselves, is important.

The Holy Scripture and the Fathers of the Church suggest we think about this in terms of observation. Instead of saying “know thyself,” they say “attend to thyself.” Simply attend or observe what you actually do. How do I act? What do I think about? How am I moved by this or that?

Once we’ve observed what we actually do, say, or think, what conclusions do we draw? I may imagine that I am a generous person, but when I actually observe my actions am I correct? I may think I am a nice guy, but do my actions and thoughts confirm this?

When we challenge the assumptions we have of ourselves, and replace them with what is true, we have real self knowledge. It may not be as inspiring as a lot of the self actualizing rhetoric we hear today, but it is better than that. It is more enlightening than that. It is true. When we are able to see ourselves honestly—faults and all—we have taken an important step toward growth. With this knowledge we can, with God’s help, challenge ourselves to be the people we want to be—the people we are called to be.

With love in Christ,  
Fr. Nicholas

**Announcements continued**

8. **The Second Annual Father Joseph Allen Memorial Lecture series will be held on Saturday, October 21, 2023.** Vespers at 5pm, followed by a reception and exhibition in the Jabara Room and the keynote speaker, Dr. Philip Mamalakis, at 6pm. Childcare provided. More details to come.

9. **The Vintage Booth will be collecting gently used costume jewelry, pocket books, totes, belts, scarves & other accessories for the Festival.** If you have any questions, contact Valerie Allen, Arlene Assile, Valerie Joseph or Anne Samman.

10. **The CAPSULE BOOTH is in need of new, unused items to be used as prizes.** Monetary donations are also welcomed! Contact Hanneh Kalyoussef (**201-693-2968 or [hannehsbling@gmail.com](mailto:hannehsbling@gmail.com)**).

11. **A special Thank You to the DiNovi & Montes Families** for sponsoring today’s coffee hour.

12. **PLEASE VOLUNTEER FOR COFFEE HOUR** - Parishioners are asked to sign up to host at least ONE coffee reception a year, a valuable part of our parish fellowship. Next available date-September 3rd.

- Guidelines are on the church website & handouts available in the coffee room (**<https://stanthonyorthodox.org/coffee-hour>**).
- Sign up on the schedule posted outside the coffee room or contact **Alice Ziemba (201-664-8068 or [aliceziemba@yahoo.com](mailto:aliceziemba@yahoo.com))**.

13. **Shoprite Gift Cards are available for purchase.** For \$100, you get \$100. of gift cards & the Church earns 5%. This is a cost-free fundraiser! To purchase gift cards, see **Betty Gakos**.

14. **Reminder: The UPCI Jesus Christ Tabernacle Church celebrates services on Sundays (2pm - 5pm) and Thursdays (6:30pm - 9:00pm) in our church hall.** Please clean your tables after coffee hour.

***There will be a Memorial Service today for both Don DiNovi, husband of Barbara DiNovi, and Nadja Montes, wife of Cliff Montes, mother of Mia and Xavier and daughter of Barbara DiNovi. May their Memories be Eternal!***

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“I no longer fear God, but I love  
Him. For love casts out fear.”

-St Anthony the Great