



St Anthony Orthodox Church

Fr Nicholas Fine | Pastor | (503) 502-2817 | frnicholas@stanthonyorthodox.org

Services This Week

Wednesday, March 13th

Daily Vespers
6pm

Friday, March 15th

Daily Vespers
6 pm

Saturday, March 16th

Great Vespers
5pm

Sunday, March 17th

Cheesefare Sunday/Forgiveness
Sunday
Orthros and Divine Liturgy
9 am
Forgiveness Vespers
6pm

Daily Liturgical Guide

Antiochian Archdiocese Website:

[https://antiochian.org/
liturgicday](https://antiochian.org/liturgicday)

**Confessions available
before/after any weekday
service, after Great Vespers
on Saturday, or by
appointment**

“There is nothing upon earth
holier, higher, grander, more
solemn, more life-giving than
the Liturgy.”

- St John of Kronstadt

Weekly Announcements

1. **Church School & Teen SOYO will meet TODAY.**
2. **Fr. Nicholas and the Stewardship Committee request ALL Parishioners fill out a Stewardship Pledge form** committing a portion of your *time, talent and treasure* to St Anthony's by offering a portion of the gifts with which you have been blessed. **Please return form to the box in the narthex by March 15th.**
 - Copies of the form are available in the lower lobby.
3. **Lenten Book Study - This year during the Great Fast, we will be reading *The Lenten Spring* by Fr Thomas Hopko. This easy read, with bite-sized chapters, is the perfect companion to our lenten journey. Join us after Great Compline on Mondays as we dig deeper into the meaning and purpose of this transformative season.**
 - ✦ Copies of the book are available at the Religious Gift Shop.
4. **Catechism will resume during Great Lent - On Fridays after Small Compline with the Akathist Hymn,** we will meet for Part 2 of our catechism class. This class is for those catechumens seeking holy illumination on Pascha, as well as all members of our community who would like a refresher on the Orthodox faith. Please speak to Fr Nicholas to confirm your attendance.
5. **In celebration of Women's History Month,** members of the Women's Guild will read the Epistle during the month of March.
 - ✦ **TODAY, a Memorial Service** will be offered as a remembrance to all the departed women of our parish.
 - ✦ The **Lenten Philanthropic Project** supporting the **New Hope Pregnancy Resource Center in Westwood, NJ.**, will kick off today & run through April 28th. Visit our display in the church hall - **"Take a bunny and bring back a gift for a family in need"**. Questions, contact **Presbytera Liana Fine** (lianacfine@gmail.com) or **Jackie Koskinas** (jackiek29@hotmail.com).
 - ✦ **The Book Night is scheduled for Friday, March 15th** in the church hall immediately after Vespers at 6pm. We will discuss the novel *Lessons in Chemistry* by Bonnie Garmus. A light dinner & dessert will be served. Contact **Jackie Koskinas** (jackiek29@hotmail.com) by Wednesday, March 13th if you plan to attend.

Thank you for worshipping with us this morning!
If this is your first time visiting, please introduce yourself
to Fr. Nicholas at the end of Liturgy.

From Father:

As we prepare for the Great Fast, I thought it might be helpful to have a list of things you might consider adding to your daily life to take advantage of this special time in our spiritual lives.

First, make every effort to attend Forgiveness Vespers on Sunday, March 17th, at 6 pm. This is our beginning, a time for each of us to start our repentance by asking forgiveness from the members of our community. How we start often determines how successful we'll be in our endeavor.

Second, plan at least one confession during Lent. It is important to confess regularly to unburden ourselves from our sins and recommit ourselves to our God. If it has been some time, if you can't remember your last confession, it's probably a good idea to plan a confession during Lent. There is no rule as to how often you must confess, this is not a checklist type of thing. Therefore, I don't want to give a minimum number, but as a starting point, Orthodox Christians should confess at least twice a year.

Third, plan to attend an additional service each week if you have the strength. As an alternative, try to attend at least one of each of the additional services during Lent: one Great Compline, one Presanctified, and one Little Compline with Akathist hymn.

Fourth, find a good spiritual book to read throughout the duration of the Fast. If you can, join us for our book study of *The Lenten Spring* on Mondays after Great Compline. There are so many great spiritual books, so I'll recommend a few that I think are particularly good for this time of year: *The Struggle For Virtue* by Archbishop Averky Taushev, *Beginning to Pray* by Archbishop Anthony Bloom, *On the Providence of God* by St John Chrysostom, *The Sayings of the Desert Fathers*, and *Great Lent* by Fr Alexander Schmemmann.

6. Has the clutter piled up? Are you running out of closet space? Can't park the car in the garage? Then, we have the solution!

Donate unwanted items to our Yard Sale - April 19th & 20th.

- Save gently used & clean items in labeled boxes (linens, home décor, working electronics, china, crystal, housewares, toys & small accent furniture are big sellers).
- **All items accepted on Sunday, April 14** after coffee hour. Don't bring items to church beforehand - there is no storage space.
- **If you are available to help or have any questions**, contact **Valerie Joseph (917-597-6503)**.

7. **There will be a meeting of the Parish Council on Thursday, March 14th**, at 7:30pm in the Jabara Room.

8. **A very, very special thank you to Leslie Carter, Chair of the Tricky Tray, and her committee**, who have worked tirelessly for countless months to organize & solicit donations for one of St. Anthony's major fundraisers.

9. **St. Anthony's will be feeding the less fortunate on Tuesday, April 9th**. If you are interested in physically helping or providing funds, contact **Betty Gakos (jbgakos@yahoo.com)**. Also, 200 desserts are needed for that date. Let Betty know if you can possibly provide 50 desserts. Future dates of the Walk-In Dinner Program are Tuesday, September 10th & Tuesday, November 19th.

10. **A special thank you to the Women's Guild for hosting today's coffee hour.**

11. **PLEASE SIGNUP FOR COFFEE HOUR** - Parishioners are asked to host at least ONE coffee reception a year.

- Guidelines are on the church website & handouts available in the coffee room (<https://stanthonyorthodox.org/coffee-hour>).
- Sign up on the schedule posted outside the coffee room or contact **Alice Ziemba (201-664-8068 or alicenziemba@yahoo.com)**.

12. **If you have news for our church e-newsletter, The Desert News**, that goes out the 1st of each month, send it at least one week prior to **Claudia Bogris (cbogris@aol.com)**. If you are not receiving this monthly email, contact **Nike Bach (nike.bach@gmail.com)**.

13. **An Update to the last Church Directory printed in 2018 is available in the narthex**. Included are new parishioners, as well as changes in the contact information for those who have moved, changed emails, etc. Use this list as an addendum to the Parish Directory. Send any changes in your contact information to **Alice Ziemba (alicensiemba@yahoo.com)**.

“I no longer fear God, but I love Him.
For love casts out fear.”

-St Anthony the Great